

## Declaration

By competing in the Weston Creek 10Km community fun run (Event), I accept all risks necessarily flowing from my participation which could result in loss of life, injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry or participation in the Event. Accordingly, I release all persons or corporations associated directly or indirectly with the conduct of the Event from all claims, demands and proceedings arising out of my participation and I hereby indemnify them against all liability (Including liability for their negligence and the negligence of others) for all injury, loss or damage arising out of my participation in the Event. This release shall extend to all and include Weston Creek Athletics Club Inc, their respective officers and volunteers, the owners, licensees and occupiers of land upon which the Event or any part of it is conducted, any statutory body or local authority having control over any land upon which the Event or part of it is conducted or is involved directly or indirectly with the Event in any manner whatsoever including (without limitation) promoters and sponsors. This release and indemnity continues forever and binds my heirs, executors, personal representatives and assigns. I certify that I am 18 years or older and have read this document and fully understand it. I agree to the above for myself and I indemnify and will keep indemnified all people and corporations associated with the conduct of the Event on the terms referred to.

Signed:..... Date:../.../2018

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WESTON CREEK  
ATHLETICS CLUB

**The race starts and finishes at Black Mountain Peninsula. The course follows the bike paths to Woden and return.**

Please see the website for a map of the course  
<http://www.westoncreekathletics.org.au>

### Course Description

Race numbers to be collected from 06:30 at the Northern end of John Carver close, which is a short walk from the start line.

The course starts at the end of Garryowen drive on Black Mountain Peninsula. Runners will proceed along Garryowen drive and turn left onto the shared path just before Lady Denman drive. Runners then proceed along the shared path, (keeping to the left hand side) around West Basin for about 4Km. Runners turn and retrace their steps to Black Mountain Peninsula. Here they turn right onto the bike path near the rowing sheds and enter John Cardiff Close for the finish.

For safety reasons, no dogs or strollers are permitted in the event.



**WESTON CREEK  
ATHLETICS CLUB**

**10Km Community Fun Run**

**7:45am Sunday  
11th March 2018**

**Enquiries, Information:**

<http://www.westoncreekathletics.org.au>

**0448 087 054 Robbie**

**Email [robbie.costmeyer@bigpond.com](mailto:robbie.costmeyer@bigpond.com)**

or **0488 990 188 Reuben Caley**

**Official Entry Form** (Photocopies accepted) **PLEASE PRINT CLEARLY** Online <http://www.westoncreekathletics.org.au>

**ENTRIES CLOSE Monday 5th March : Late entries available on the day from 6:30 am**  
 Please read the whole form carefully, fill in the relevant details (both sides) sign the declaration and mail with remittance to:  
 Weston Creek Athletic Club 10 Km Community fun run, PO Box 4147 Weston Creek ACT 2611.

**Make Cheques payable to Weston Creek Athletics Club**

Preferred First Name

Surname

Initials

Address - Street Number and Name : Suburb/Town

State

Postcode

Phone (Home)  (Work)

Sex  Male  Female Date of Birth Day   Month   Year

Age on Race Day 19/ 3 / 2017

Email address

**Entries:** We prefer online entries.  
<https://www.registernow.com.au/secure/Register.aspx?E=28819>

Entries by mail close Monday 5th March. Late entries will only be accepted for individuals (no teams) on race day from 6:30am. Online entries close Thursday 8th March at 6pm.

**Chest Numbers:** Can be collected from the finish area (John Cardiff close north end) from 6:30am on race day.

**Entry Fees – on or before Monday 5th March:**  
 \$30 Individual runners (free for over 75's)

**Late Entry Fees – after Monday 5th March:**  
 \$40 Individual runners

**Cheques payable to Weston Creek Athletic Club Inc**

**Drinks & First Aid:** Drinks will be provided half way and at the finish. First aid attendants will be in attendance subject to availability from Sports Medicine Australia.

**Toilets:** Near the start area at Black Mountain Peninsula

**Presentations:** Commence at approximately 9am near the finish area.

**Free:** Water and fruit at the finish.

**For sale:** Egg and Bacon rolls, sports drinks and coffee

**Certificates:** All finishers will be entitled to download a finisher's certificate.

**Results:** Available on the Club website.

**Race Organisers:** Robbie Costmeyer 0448 087 054  
 and Peter Caley 0488 990 188  
 e-mail [robbie.costmeyer@bigpond.com](mailto:robbie.costmeyer@bigpond.com)

**Awards and Prizes**

**First Male/Female:**  
 Runners Shop voucher

**Second Male/Female:**  
 Runners Shop voucher

**Third Male/Female:**  
 Runners Shop voucher

**Veterans:** First finisher in each age group From W/M 40 up (in increments of 10 years) to W/M 70 will be acknowledged on the day – free entry in the 2019 event.

**Barrel Draws (MUST BE AT PRESENTATION):**

Selected Australian Wines  
 Runners Shop Gift Vouchers  
 Various Other Gifts

**Race Information**

**Registration/ number collection**

Northern end of John Cardiff Close

**Start** Garryowen Drive, Black Mtn Peninsula

Parking available John Cardiff Close (both ends)

**Finish** Northern end of John Cardiff Close

**When:** 7:45am Sunday 11th March 2018